

A weekend of aikido
with guest instructor:

Yoko Okamoto

(6th dan, Aikido Kyoto Dojo-cho)

Dates: February 3/4, 2007

Times: Saturday 10:00 am to 2:00 pm
Sunday 10:00 am to 2:00 pm

Location: Meadowbank Stadium & Sports Centre
139 London Road, Edinburgh EH7 6AE

Cost: Weekend £40 (£30 concessions); One day £30 (£20)
10% reduction for advance payments (up to Jan 31)

Yoko Okamoto started aikido at the World Aikido Headquarters in Tokyo in 1977 with the First Doshu, Kisshomaru Ueshiba. She continued her studies in France with Christian Tissier Shihan from 1979 to 1981. On returning to Japan, Yoko trained back at the World Headquarters, focussing on the late Yamaguchi Shihan and Shibata Shihan. In 1991, she established Portland Aikikai in Oregon, USA, assuming the role of Dojo-cho until her return to Japan in 2003. Currently, Yoko teaches at Aikido Kyoto, which she founded in 2003 for the development of aikido in the Japanese and international community in Kyoto.

See www.aikidokyoto.com

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