



AIKIKAI AIKIDO

Adult classes

Mondays 7.30-9pm
Bell Baxter high school gym 3
Cupar
www.bbhs-online.co.uk/

Wednesdays 8.30-10pm
Madras College
Kilrymont road
St Andrews
www.madras.fife.sch.uk/map.html

Principal instructor:

Neil Blacknell, Azami-kai.



For further info, contact:

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Visit www.azamikai.co.uk for lots more on aikido!